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roast a pan of chopped vegetables

1. Toss sweet potatoes, broccoli and cauliflower florets with oil and a little salt.
2. Roast at 450°F for 15 to 20 minutes or until soft on the inside and crispy on the outside.



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en Español

asa una bandeja de trozos de verduras

1. Mezcla los camotes, los floretes de brócoli y coliflor con aceite y un poco de sal.
2. Asarlos a 450°F por 15 o 20 minutos o hasta que queden blandos por dentro y crujientes por fuera.



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