

scrambled eggs and asparagus

3 eggs
 1 cup cooked asparagus
 ½ cup cooked mushrooms
 ½ teaspoon salt
 ½ teaspoon black pepper
 1 teaspoon vegetable oil
 ¼ cup shredded
 cheddar cheese

1. Beat eggs in a bowl. Add cooked asparagus, mushrooms, salt and black pepper to eggs.
2. Heat oil in a skillet. Add egg mixture to the skillet. Cook over low heat, stirring a couple of times until eggs are fully cooked. Sprinkle eggs with cheese.



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