



## 3 ways to eat fish from a can or pouch:



1

Make a tuna or salmon salad.



2

Add to a pasta salad.

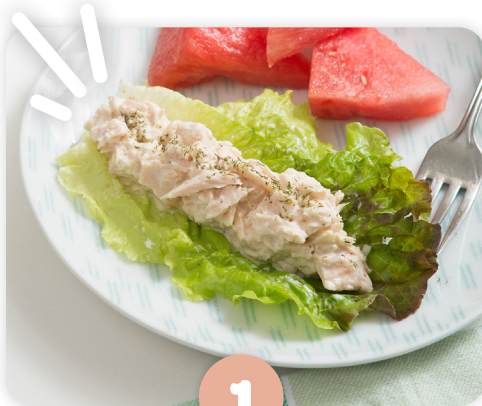


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Make tuna patties.



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