## nubitest

## three layer yogurt clip

$1 / 2$ cup plain yogurt 1 cup hummus
$1 / 4$ cup finely chopped cucumbers
$1 / 4$ cup finely chopped tomatoes

- Spread hummus on a plate. Top with yogurt.
- Sprinkle cucumbers and tomatoes on top.
- Serve with whole grain crackers, or dip with carrot, cucumber or celery sticks.

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## three layer yogurt dip

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