

## *festive* veggie cups

*make veggie cups for a party or family gathering!*

1. Place 2 tablespoons of dip or hummus in the bottom of cups or small jars.
2. Make veggie sticks. Cut carrots, cucumbers, peppers, celery and zucchini into long thin strips.
3. Place veggie sticks into each cup or jar.

***Veggie sticks are easy for little kids to hold and dip.***



*Add stickers, art or name tags to each cup or jar!*



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