



blueberry & avocado spinach salad

Lemon Vinaigrette

2 tablespoons lemon juice
2 tablespoons white vinegar
¼ cup olive oil
2 teaspoons honey
Pinch of salt

- To make the salad dressing, whisk all the ingredients in a bowl until well mixed. Store in the refrigerator in a covered container.

Salad

12 ounce bag of baby spinach
½ cup sliced almonds or roasted sunflower seeds
1 cup blueberries
1 avocado, pitted and diced

- Layer the salad ingredients in a large bowl or on a large plate. When ready to serve, drizzle with the lemon vinaigrette.



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