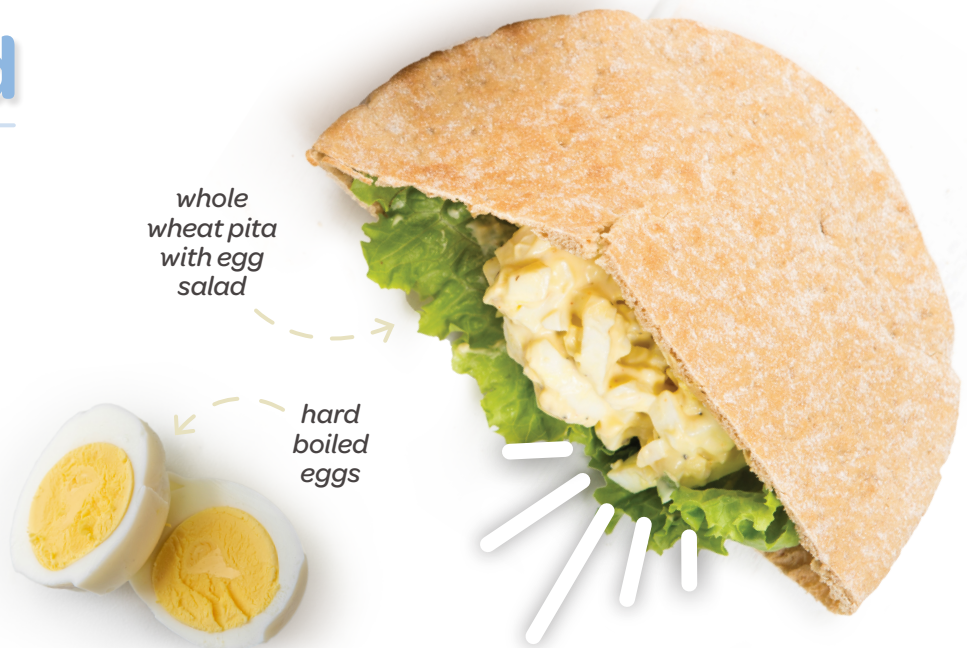


## egg salad

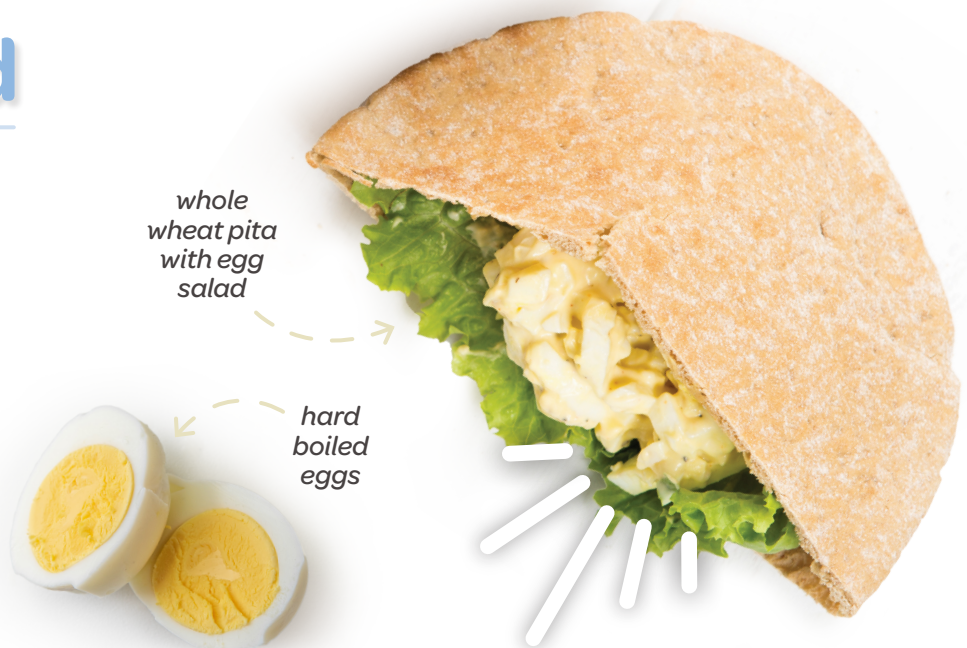
1. Peel 4 hard boiled eggs.
2. Chop eggs into small pieces.
3. Combine chopped eggs, ¼ cup mayonnaise, ½ teaspoon mustard, dash of salt and black pepper together.
4. Spread on whole grain crackers, tortillas, bread or pita.



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