



easy lemon broccoli

*cook vegetables that are tender,
slightly crisp & colorful!*

steam broccoli in the microwave:

1. Cut ½ head of broccoli into bite size pieces and rinse.
2. Place broccoli and 1 tablespoon of water in a microwave safe bowl.
3. Cover with a paper towel. Microwave for 1 to 1 ½ minutes, until they are tender and slightly crisp.

**Try
something
new!**
Flavor broccoli
with lemon juice,
salt & pepper.



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