



strawberry kiwi smoothie

strawberries and kiwi both have lots of vitamin C!

1 kiwi
1 cup frozen
strawberries
1 cup vanilla yogurt

1. Peel the kiwi and cut into large pieces.
2. Blend the strawberries, kiwi and yogurt together until smooth. Serve with sliced strawberries.

Makes 2 servings



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