

simple granola gift jar

Your child can help stir ingredients, spoon the granola into a jar and make a gift tag.

¹/₄ cup canola oil

- 1/2 cup honey
- 1/2 teaspoon ground cinnamon
- 1/2 teaspoon salt
- 3 cups rolled oats

1 cup sliced almonds or sunflower seeds

1 cup raisins (optional)

1. Preheat the oven to 325°F.

- **2.** In a liquid measuring cup, mix oil, honey, cinnamon and salt.
- **3.** In a large bowl, mix the oats and almond or sunflower seeds.
- 4. Pour the honey mixture over the oats. Stir well.
- 5. Spread onto a large baking sheet pan in an even layer.
- 6. Bake for 15 minutes. Remove from the oven and stir gently. Bake for another 5 to 10 minutes, or until the granola is lightly browned.
- 7. Remove from the oven. Stir in raisins. Let cool.

nutrition matters

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Make a gift! Pack in a tightly covered container, like a mason jar. Add a ribbon and gift tag.

AUGARRANNI

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cinnamon

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or sunflower seeds

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1/2 teaspoon ground

¹/₂ cup honey

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