



cut apple
into thin
slices



apple bites

eat fresh, eat in season

There are probably 10 to 20 different types of apples at your local farmers' market or orchard!

serve apple slices with cinnamon yogurt dip:

Mix together $\frac{1}{2}$ cup vanilla yogurt, 1 tablespoon peanut butter, and $\frac{1}{4}$ teaspoon ground cinnamon.



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