

mini pizzas

are fun for lunch or snack!

Arrange the ingredients on a plate. Let your child make his own pizza.

- 1. Toast english muffins.
- **2.** Top english muffins with pizza sauce.
- **3.** Sprinkle with shredded mozzarella cheese.
- 4. Decorate your pizza!
- **5.** Bake mini pizzas in a 375° oven for about 5 to 10 minutes.

Refrigerator biscuit
dough can also be
used for mini pizzas.
Roll or press out a
Roll or press out a
biscuit for each pizza,
layer on the toppings
and bake!

Make a happy face on your pizza!

Ham or turkey strips - eyes, nose or mouth.
Green or black olive slices - eyes.
Tomato, green or red pepper slices - smiles.
Shredded carrots, shredded cheddar cheese, or chopped spinach - hair.
Mushrooms - eyes, nose or mouth.



© Nutrition Matters, Inc. All Rights Reserved. This tipsheet can be reproduced for educational purposes.



mini pizzas

are fun for lunch or snack!

Arrange the ingredients on a plate. Let your child make his own pizza.

- 1. Toast english muffins.
- **2.** Top english muffins with pizza sauce.
- **3.** Sprinkle with shredded mozzarella cheese.
- 4. Decorate your pizza!
- **5.** Bake mini pizzas in a 375° oven for about 5 to 10 minutes.

Refrigerator biscuit
Refrigerator biscuit
dough can also be
dough can also be
used for mini pizzas.
used for press out a
Roll or press out a
biscuit for each pizza,
biscuit for each pizza,
layer on the toppings
layer on bake!

Make a happy face on your pizza!

Ham or turkey strips - eyes, nose or mouth.
Green or black olive slices - eyes.
Tomato, green or red pepper slices - smiles.
Shredded carrots, shredded cheddar cheese, or chopped spinach - hair.
Mushrooms - eyes, nose or mouth.



© Nutrition Matters, Inc.
All Rights Reserved.
This tipsheet can be reproduced for educational purposes.