

## surprise your Valentine with a **pink breakfast!**



Blend a pink smoothie: ½ cup vanilla yogurt ½ cup milk 1 cup frozen strawberries

### Heart shaped toast:

Toast whole grain bread. Use a heart-shaped cookie cutter. -- Top with strawberry cream cheese or jam.



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# surprise your Valentine with a **pink breakfast!**

### Blend a pink smoothie:

<sup>1</sup>⁄<sub>2</sub> cup vanilla yogurt ½ cup milk 1 cup frozen strawberries

#### Heart shaped toast:

Toast whole grain bread. Use a heart-shaped cookie cutter. Top with strawberry cream cheese or jam.



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