



## baked oatmeal

2 cups old fashioned oats  
1/3 cup packed light brown sugar  
2 teaspoons ground cinnamon  
1/4 teaspoon salt  
1 teaspoon baking powder

1 1/2 cups milk  
1/2 cup unsweetened applesauce  
2 tablespoons butter, melted  
1 large egg, beaten  
1 teaspoon vanilla

**step 1** Mix the oats, brown sugar, cinnamon, salt, and baking powder in a large bowl. Add the milk, applesauce, melted butter, egg, and vanilla. Stir well.

**step 2** Spray an 8 x 8 baking dish with nonstick cooking spray. Pour mixture into the baking dish and spread evenly.

**step 3** Bake in a 350 °F oven for 25-30 minutes, or until oatmeal golden brown.

**Store leftovers in the refrigerator.**



Slice into squares and serve warm.  
Try baked oatmeal with  
fruit or yogurt.



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