

homemade pancakes in a jar

Your child can help make a whole grain pancake mix to give as a gift!

Ingredients:

- 4 cups all-purpose flour
- 2 ½ cups whole wheat flour
- 1 cup cornmeal
- 1/3 cup sugar
- 3 tablespoons baking powder
- 1 tablespoon cinnamon
- 2 teaspoons salt

Directions:

Stir the ingredients in a large bowl. Spoon the mix into a 2-quart jar and cover tightly with the lid. Add a label or card with cooking instructions. Tie a bow around the jar.



Oliver's Pancake Mix

Stir 1 ½ cups pancake mix, 2 eggs, and 1 cup milk in a mixing bowl until smooth. Cook the pancakes over medium heat for 2-3 minutes on each side. Enjoy with maple syrup or applesauce. Serves 4.



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