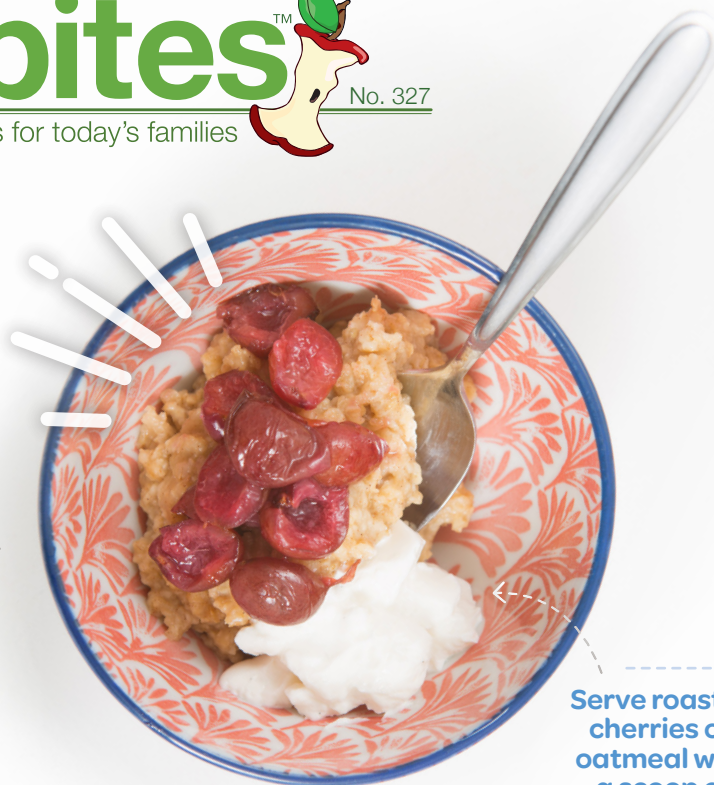




roasted cherries

Roasting cherries brings out the flavor and sweetness.

1. Rinse fresh cherries and remove the stems.
2. Place on a metal baking sheet. Roast in 400° oven for 10 minutes.
3. Remove from the oven and cool cherries in the refrigerator. Remove pits from cherries by cutting into halves.



Serve roasted cherries on oatmeal with a scoop of vanilla yogurt.



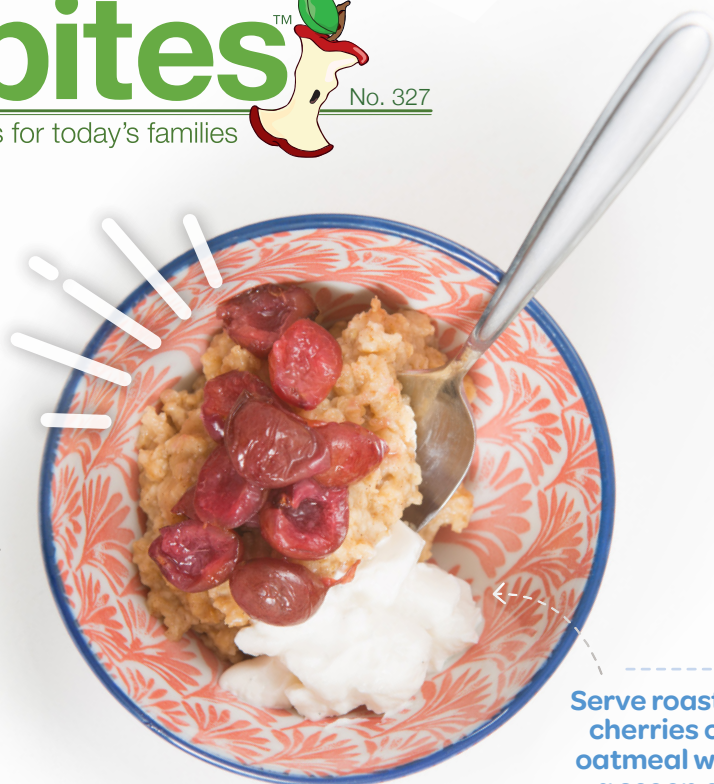
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