



Try other fruits in this salad—
blueberries, melon, grapes, or pineapple.



© Nutrition Matters, Inc.
All Rights Reserved.
This tipsheet can be reproduced
for educational purposes.

summer strawberry salad

3 cups sliced strawberries
1 cup sliced bananas
2 tablespoons honey
2 tablespoons lime juice

- step 1** Combine honey and lime juice together.
step 2 Pour dressing over strawberries and bananas, and toss lightly.

**Do not give your baby honey or foods made with honey until he is 1 year old.*



Try other fruits in this salad—
blueberries, melon, grapes, or pineapple.



© Nutrition Matters, Inc.
All Rights Reserved.
This tipsheet can be reproduced
for educational purposes.

summer strawberry salad

3 cups sliced strawberries
1 cup sliced bananas
2 tablespoons honey
2 tablespoons lime juice

- step 1** Combine honey and lime juice together.
step 2 Pour dressing over strawberries and bananas, and toss lightly.

**Do not give your baby honey or foods made with honey until he is 1 year old.*