

## visit an apple orchard

Take time to walk through the orchard with your children. Pick a few apples.

### Talk about the apples:

- Apples grow on a tree.
- Apples come in many colors.
- Red, orange, yellow and green apples can be found in most grocery stores.

*Taste different apples at the orchard.*  
What is your favorite apple?



### apple sandwich

Remove core and seeds from apple.

Cut apple into thin slices.

Spread peanut butter on an apple slice and top with another apple slice.

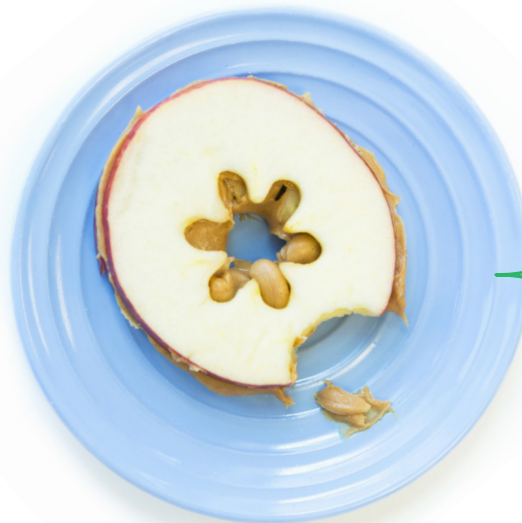
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