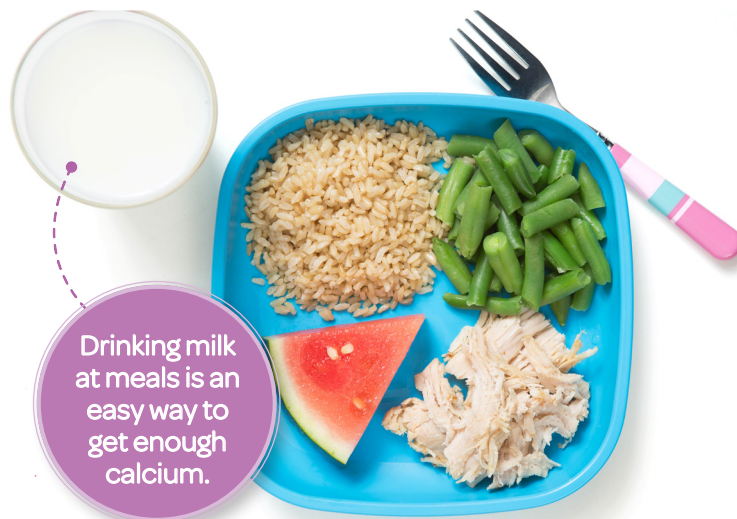


Milk Matters

Your child needs **plenty of calcium** to **make strong bones** that will last a lifetime. It's hard to get enough calcium without milk.

- Drink milk with your child. Children like to copy what others do.
- Offer milk in a special cup. Monkeys, puppies, bears and kittens on a cup make it fun to drink milk.
- Use a small cup for your child. It'll be easier to hold and drink.



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