

dads & partners matter

*Your partner may be feeding the baby,
but you play a big role in supporting breastfeeding!*

Breastfed babies are less likely to have:

- ear infections and colds
- allergies and asthma
- skin problems, like eczema
- diarrhea and constipation

Breastfeeding lowers your baby's risk for:

- SIDS (sudden infant death syndrome)
- obesity
- diabetes
- childhood cancer

— Breast milk has all the —
nutrients your baby needs for
the **first 6 months of life.**



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