

how long should I breastfeed?

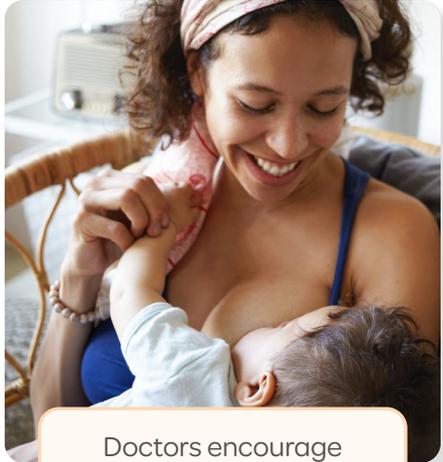
Breastfeeding Tip



Start with small steps.



Around 6 months, babies breastfeed and start eating food.



Doctors encourage breastfeeding for as long as you and baby want to continue.



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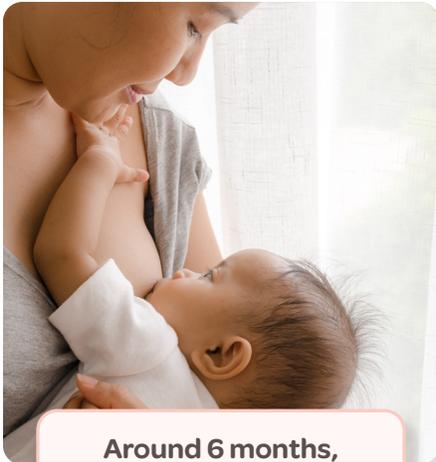
You and your baby get **health benefits from breastfeeding up to 2 years and beyond!**

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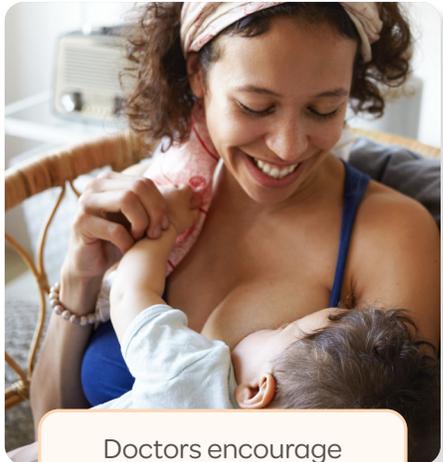
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