

Breastfeeding Tip

a newborn baby's
**tummy
is small**

at birth



toy marble
(1 to 2 teaspoons)

day 10



ping-pong ball
(1 to 2 ounces)

At birth, a baby's tummy is about the size of a toy marble.

By day 10, a baby's tummy grows to the size of a ping-pong ball!

Breastfeed often.

Your breastmilk supply will increase as your baby grows.



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