



Sweet Potato Sticks



Step 1. Peel and cut 2 sweet potatoes into long strips. Toss sweet potatoes, 2 tablespoons olive oil and a dash of salt together in a bowl.

Step 2. Spread sweet potatoes in a single layer on a metal baking sheet. Roast in 450° oven until tender, about 20 minutes.

Step 3. Turn once or twice while cooking. Sprinkle with a little cinnamon sugar. Dip in vanilla yogurt



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