



## sweet & spicy pineapple salsa

- 4 cups chopped fresh pineapple
- 1 cup chopped red or green bell pepper
- 2 tablespoons chopped red onion
- 1/2 jalapeno, seeds removed and chopped
- 1/4 cup lime juice
- 2 tablespoons chopped cilantro

- Combine all ingredients together in a bowl.
- Cover and refrigerate for 2 to 24 hours.
- Serve with seafood, fish or chicken.



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